



## PSHE/RSE Yearly Planner – 2025-26

	Autumn		Spring		Summer	
Wellbeing Day	Respect	Honesty	Kindness	Compassion	Tolerance	Forgiveness
Ongoing	Healthy Eating – Link with DT Curriculum, using Champions Online Safety – Link with Computing Curriculum, using Project Evolve Fairtrade					
EYFS	<i>What's special?</i> My family and friends	<i>How it feels</i> Hand washing My feelings (colour monster) Diwali Hanukkah	<i>What was life like?</i> Healthy eating Chinese New Year	<i>Who lives there?</i> Taking on challenges	<i>What's in the sea?</i> RSE - The wonder of being special and unique	<i>What changes?</i> Oral hygiene My wellbeing Transition
Y1	Introductory lesson  Health and wellbeing	Economic wellbeing	Family and relationship	RSE – We meet God's love in our family	Safety and the changing body	Transition Places of Worship: - Jewish Synagogue - Hindu Mandir
Y2	Introductory lesson  Health and wellbeing	Economic wellbeing	Family and relationship	Citizenship	Safety and the changing body (lesson 7-9) RSE – We meet God's love in our community	Transition Places of Worship: - Islam Mosque - Sikh Gurdwara
Y3	Introductory lesson  Health and wellbeing	Economic wellbeing	Family and relationship (lesson 7-8) RSE – How we live in love	Citizenship	Safety and the changing body	Transition Jewish festivals Hindu festivals
Y4	Introductory lesson  Health and wellbeing	Economic wellbeing	Family and relationship	Citizenship	Safety and the changing body (Lesson 3 and 8) RSE – God loves us in our differences	Transition Islamic festivals Sikhism festivals
Y5	Introductory lesson  Health and wellbeing	Economic wellbeing	Family and relationship	Citizenship	Safety and the changing body (lesson 7-8) RSE – God loves us in our changing and developing	Transition Judaism Hinduism
Y6	Introductory lesson  Health and wellbeing	Economic wellbeing	Family and relationship	Citizenship	Safety and the changing body (lesson 1 and 3) RSE – The wonder of God's love in creating new life	Transition Sikhism Islamic

