

	TERM 1		TERM 2		TERM 3	
<b>Reception</b>	<p>Introduction to PE : Unit 1</p> <p>Introduction to PE : Unit 2</p>	<p>Dance : Unit 1</p> <p>Dance : Unit 2</p>	<p>Gymnastics : Unit 1</p> <p>Gymnastics : Unit 2</p>	<p>Fundamentals : Unit 1</p> <p>Fundamentals : Unit 2</p>	<p>Ball Skills : Unit 1</p> <p>Ball Skills : Unit 2</p>	<p>Games : Unit 1</p> <p>Games : Unit 2</p>



## PE Champions Year Plan

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
1.1 Multi-Skills	1.2 Mighty Movers (Running)	1.4 Brilliant Ball Skills	1 Primary Gymnastics	1.5 Throwing and Catching	1.6 Active Athletics
1.1 Boot Camp	1.2 Story Time Dance	1.4 Gymfit Circuits	1 Primary Gymnastics	1.5 Cool Core (Strength)	1.6 Fitness Frenzy
2.2 Mighty Movers (Running)	2.1 Multi-skills	2 Primary Gymnastics	2.4 Brilliant Ball Skills	2.6 Active Athletics	2.5 Throwing and Catching
2.2 Ugly Bug Ball Dance	2.1 Boot Camp	2 Primary Gymnastics	2.4 Gymfit Circuits	2.6 Fitness Frenzy	2.5 Cool Core (Strength)
3.6 Active Athletics	3.5 Throwing and Catching	3 Primary Gymnastics	3.4. Brilliant Ball Skills	3.2 Mighty Movers (Running)	3.1 Multi-skills
3.6 Fitness Frenzy	3.5 Cool Core (Strength)	3 Primary Gymnastics	3.4 Gymfit Circuits	3.2 African Dance	Swimming
4 Primary Gymnastics	4.1 Invaders	4.5 Nimble Nets	4.2 Dynamic Dance	4.4 Striking and Fielding	4.6 Young Olympians
4 Primary Gymnastics	4.1 Boot Camp	4.5 Cool Core (Pilates)	Swimming	Swimming	4.6 Fitness Frenzy
5. Primary GYmnastics	5.1 Invaders	5.2 Dynamic Dance	5.5 Nimble Nets	5.4 Striking and Fielding	5.6 Young Olympians

5 Primary Gymnastics	Swimming	Swimming	5.5 Cool Core (Pilates)	5.4 Gymfit Circuits	5.6 Fitness Frenzy
6.1 Invaders	6 Primary Gymnastics	6.2 Dynamic Dance	6.5 Nimble Nets	6.4 Striking and Fielding	6.6 Young Olympians
Swimming	6 Primary Gymnastics	6.5 Cool Core (Pilates)	6.1 Boot Camp	6.4 Gym Fit Circuits	5.6 Fitness Frenzy